



A Muslim Green Guide to help households reduce climate change has been published jointly by UK Lifemakers Foundation and the Islamic Foundation for Ecology and Environmental Sciences (IFEES), with the charity, Muslim Hands, meeting production costs. This booklet explains the impact of climate change using Islamic references and also explains why Muslims must do their bit for the environment.

The Green Guide is unique in that it is a simple, practical handbook that looks at different aspects of the household and suggests changes from an Islamic prospective that can have a big impact on climate change. These include decisions about domestic food, water, laundry, heating, electricity, transport and recycling. Also at the end of the 20 page booklet is a green checklist that gives households something positive to aim towards.

The booklet had been printed in time for Ramadan, the month in which Muslims are most reflective of their actions.

[Download the Green Guide &gt;](#)